

Summer Vegetable Noodle Soup

- *4 Cups Chicken Broth*
- *1/2 cup of chopped carrots*
- *1cup of chopped zucchini*
- *1cup of cauliflower flowerets*
- *1cup of broccoli flowerets*
- *1cup of semolina elbow macaroni uncooked.*
- *2 tsp fresh parsley, chopped*
- *1/4 tsp sea salt*
- *1/4 tsp of red pepper*

Combine chicken broth, carrots, zucchini, cauliflower, broccoli and macaroni in a large pot . Heat until boiling. Cover and reduce heat to simmer, for 40 minutes add parsley sea salt and pepper to taste.



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